## **Table of Contents**

Preface Pedagogical Aids Acknowledgement

Activities

Chapter 1 - Doing Philosophy	1
1.1 Distinguish a holistic perspective from a partial point of view 1.2 Recognize human activities that emanated from deliberate reaction 1.3 Realize the value of doing philosophy in obtaining a broad perspective	10 15
on life 1.4 Do a philosophical reflection on a concrete situation from a holistic	18
perspective	24
Activities	
Chapter 2 - Methods of Philosophizing	35
<ul><li>2.1 Distinguish opinion from truth</li><li>2.2 Analyze situations that show the difference between opinion and truth</li><li>2.3 Realize that the methods of philosophy lead to wisdom and truth</li><li>2.4 Evaluate opinions</li></ul>	51 56 59 62
Activities	
Chapter 3 – The Human Person as an Embodied Spirit	73
<ul><li>3.1 Recognize own limitations and possibilities</li><li>3.2 Evaluate own limitations and the possibilities for their transcendence</li><li>3.3 Recognize how the human body imposes limits and possibilities for</li></ul>	83 86
transcendence 3.4 Distinguish the limitations and possibilities for transcendence	90 92

Chapter 4 - The Human Person in their Environment	101
4.1 Notice disorder in an environment 4.2 Notice things that are not in their proper place and organize them in	113
an aesthetic way	117
4.3 Show that care for the environment contributes to health, well-being,	119
and sustainable development  4.4 Demonstrate the values of prudence and frugality towards environment	
Activities	
Chapter 5 – Freedom of the Human Person	133
5.1 Realize that "all actions have consequences"	146
5.2 Evaluate and exercise prudence in choices	149
5.3 Realize that: a. Choices have consequences b. Some things are given up while others are obtained	
in making choices	153
5.4 Show situations that demonstrate freedom of choice and the consequences of their choices	157
Activities	
Chapter 6 – Intersubjectivity	165
6.1 Realize that intersubjectivity requires accepting differences and not	
to imposing on others	168
6.2 Appreciate the talents of persons with disabilities and those from the underprivileged sectors of society and their contributions to society	172
6.3 Explain that authentic dialogue means accepting others even if they are different from themselves	179
6.4 Perform activities that demonstrate the talents of persons with disabilities and those from the underprivileged sectors of society	181
and the time time time time time time time tim	
Activities	

Chapter 7 - The Human Person in Society	18
7.1 Recognize how individuals form societies and how individuals are	
transformed by societies	195
7.2 Compare different forms of societies	
(e.g. Agrarian, Industrial, and Virtual)	197
7.3 Explain how human relations are transformed by social systems 7.4 Evaluate the transformation of human relationships by social systems	203
and how societies transform individual human beings	205
Activities  Chapter 8 – Human Persons as Oriented Towards the Meaning of Life and Impending Death	213
8.1 Recognize the meaning of one's life 8.2 Guide on how students can set their objectives and define projects	216
they would want to do in life	224
8.3 Explain the meaning of life and where will all these lead to	239
8.4 Reflect on the meaning of one's life	249

Activities

Glossary References