

# Contents

Preface, ix



## CHAPTER 1

### **Respiratory and Circulatory Systems, 3**

- Human Respiratory System: Structures and Functions, 4**
- Mechanisms of Breathing, 8**
- Respiratory Volumes and Capacities, 9**
- Human Cardiovascular System: Structure and Functions, 14**
- Circulatory Pathway, 22**
- Mechanisms of the Lymphatic System, 25**
- Diseases of the Respiratory and Circulatory Systems, 27**
- Effects of Lifestyle on the Respiratory and Circulatory Systems, 32**
- Summing It Up, 34*
- Key Terms, 35*
- Enrichment, 36*
- Envi Watch, 36*
- Tech Talk, 36*
- Sci-Virtue, 37*
- Chapter Test, 37*
- Performance Tasks, 38*

## CHAPTER 2

### **Heredity, Evolution, and Biodiversity, 39**

- Genes, 40**
- Chromosomes, 42**
- Fundamental Laws of Heredity, 44**
- Genetic Linkage: An Exception to the Law of Independent Assortment, 49**
- Sex Determination, 50**
- Sex-Linked Traits, 51**
- Multiple Alleles and Blood Types, 54**
- Genetic Variability in a Population, 56**
- Improving Varieties Through Breeding, 58**

**Interrelationship Between Evolution, Extinction, and Biodiversity, 60**

*Summing It Up, 65*

*Key Terms, 66*

*Enrichment, 66*

*Envi Watch, 66*

*Tech Talk, 66*

*Sci-Virtue, 67*

*Chapter Test, 67*

*Performance Task, 68*

**CHAPTER 3**

**Life Energy and Environmental System, 69**

**Energy Production and Transport, 70**

**Photosynthesis, 76**

**Release of Energy Through Respiration, 80**

**Population, Communities, and Interactions, 90**

*Summing It Up, 94*

*Key Terms, 95*

*Enrichment, 96*

*Envi Watch, 96*

*Tech Talk, 96*

*Sci-Virtue, 97*

*Chapter Test, 97*

*Performance Task, 98*

*Career Ops, 98*

**UNIT**

**2**

**Matter, 99**

**CHAPTER 4**

**Chemical Bonding, 101**

**Revisiting Electronic Structure of Atom, 102**

**Bohr's Atomic Model, 104**

**Dual Nature of Electron, 107**

**Quantum Mechanical Model of Atom, 108**

**Quantum Numbers, 108**

**Electron Configuration, 114**

**Electron Configuration and Periodicity, 118**

**Valence Electrons and Chemical Bonds, 122**

**Ionic Bonding, 125**

**Properties of Ionic Compounds, 127**

Chemical Nomenclature of Ionic Compounds, 130  
Covalent Bonding, 134  
Lewis Structure of Covalent Compounds, 135  
Chemical Nomenclature of Binary Molecular  
Compounds, 138  
Polar and Nonpolar Covalent Bonds, 140  
Predicting Ionic and Covalent Bonds, 141  
Predicting the Polarity of Covalent Molecules, 142  
Properties of Covalent Compounds, 144  
Molecular Geometry, 145  
Metallic Bonding, 151  
Properties of Metallic Compounds, 151  
Metal Alloys, 154  
*Summing It Up, 158*  
*Key Terms, 159*  
*Enrichment, 159*  
*Envi Watch, 160*  
*Tech Talk, 160*  
*Sci-Virtue, 161*  
*Chapter Test, 162*  
*Performance Task, 165*

## CHAPTER 5

### Carbon and Its Compounds, 166

Characteristics of Carbon, 167  
Classes of Hydrocarbons, 168  
Properties and Uses of Hydrocarbons  
and Other Carbon Compounds, 175  
The Chemistry of Functional Groups, 179  
Uses of Carbon Compounds: Their Societal Implications to  
Consumers, 189  
*Summing It Up, 192*  
*Key Terms, 193*  
*Enrichment, 194*  
*Envi Watch, 194*  
*Tech Talk, 195*  
*Sci-Virtue, 197*  
*Chapter Test, 198*  
*Performance Task, 200*

## CHAPTER 6

### Mole Concept, 201

Atomic Masses and Molecular Masses, 202  
The Mole: A Chemist's Counting Unit, 204  
Molar Mass, 205

**Molar Conversions, 209**  
**Mass Percentage Composition, 214**  
**Empirical and Molecular Formulas, 217**  
*Summing It Up, 220*  
*Key Terms, 220*  
*Enrichment, 221*  
*Envi Watch, 222*  
*Tech Talk, 222*  
*Sci-Virtue, 222*  
*Chapter Test, 223*  
*Performance Tasks, 226*  
  
*Career Ops, 226*

UNIT  
**3**

**Earth and Space, 227**

CHAPTER **7**

**Volcanoes and the Interior of the Earth, 229**

**Formation of Volcanoes, 230**  
**Classification of Volcanoes Based on Behavior, 234**  
**Classification of Volcanoes Based on Eruptive Patterns  
and Characteristic Forms, 241**  
**Nature of Volcanic Eruptions, 243**  
**Theories of Volcanic Eruptions, 245**  
**Strength of Volcanic Eruptions, 246**  
**Effects of Volcanic Eruptions, 246**  
**Signs of an Impending Volcanic Eruption, 249**  
**Emergency Preparedness, 250**  
*Summing It Up, 251*  
*Key Terms, 251*  
*Enrichment, 252*  
*Envi Watch, 252*  
*Tech Talk, 254*  
*Sci-Virtue, 255*  
*Chapter Test, 256*  
*Performance Task, 257*

CHAPTER **8**

**Climate, 258**

**Weather and Climate, 259**  
**Classification of Climate, 260**  
**Factors Affecting Climate, 270**

Global Climate Phenomena, 275

Effects of Climate Change, 277

*Summing It Up, 279*

*Key Terms, 280*

*Enrichment, 281*

*Envi Watch, 281*

*Tech Talk, 282*

*Sci-Virtue, 282*

*Chapter Test, 283*

*Performance Task, 285*

**CHAPTER 9**

**Stars and Constellations, 286**

Stars, 287

Constellations, 293

The Equatorial System, 295

*Summing It Up, 298*

*Key Terms, 299*

*Enrichment, 299*

*Envi Watch, 300*

*Tech Talk, 301*

*Sci-Virtue, 301*

*Chapter Test, 302*

*Performance Task, 304*

*Career Ops, 305*

**UNIT**

**4**

**Force, Motion, and Energy, 307**

**CHAPTER 10**

**Projectile and Momentum, 309**

Projectile Motion, 310

Real-Life Applications Involving Projectile Motion, 317

Momentum and Impulse, 320

Conservation of Momentum in Collisions  
and Explosions, 324

*Summing It Up, 330*

*Key Terms, 330*

*Enrichment, 331*

*Envi Watch, 332*

*Tech Talk, 332*

*Sci-Virtue, 333*

*Chapter Test, 333*

*Performance Task, 334*

**CHAPTER 11****Work, Power, and Energy, 335**

**Work, 336**

**Power, 340**

**Energy, 344**

*Summing It Up, 351*

*Key Terms, 352*

*Enrichment, 352*

*Envi Watch, 353*

*Tech Talk, 353*

*Sci-Virtue, 354*

*Chapter Test, 354*

*Performance Task, 355*

**CHAPTER 12****Energy at Home and in the Environment, 356**

**Sound, 357**

**Light, 363**

**Heat and Thermodynamics, 369**

**Electrical Energy Generation and Transformation, 380**

**Electric Power Transmission and Distribution, 382**

**Energy Sources in the Philippines, 383**

*Summing It Up, 386*

*Key Terms, 387*

*Enrichment, 388*

*Envi Watch, 388*

*Tech Talk, 389*

*Sci-Virtue, 390*

*Chapter Test, 390*

*Performance Task, 391*

*Career Ops, 392*

*Glossary, 393*

*Bibliography, 403*

*Index, 405*