

Contents

PREFACE	vi
INTRODUCTION	vii
ACKNOWLEDGEMENTS	x
1 ASEPTIC NON-TOUCH TECHNIQUE AND INFECTION PREVENTION	1
2 PERFORMING OBSERVATIONS	17
3 ABCDE ASSESSMENT	41
4 CONTINENCE CARE	54
5 MALE URETHRAL CATHETERISATION	71
6 FEMALE URETHRAL CATHETERISATION	102
7 BOWEL CARE	112
8 STOMA CARE	145
9 TRACHEOSTOMY CARE	157
10 POINT-OF-CARE TRAINING	173
11 VENEPUNCTURE	193
12 PERIPHERAL CANNULATION	214
13 INTRAVENOUS THERAPY	228
14 BLOOD TRANSFUSION	256
15 BASIC LIFE SUPPORT	275
16 PERFORMING AN ELECTROCARDIOGRAM	288
ANSWERS	309
APPENDIX 1: NEWS 2 OBSERVATION CHART	323
INDEX	325